

# Preserving Our Forests

As a mode of improving on the sustainability of the environment, tree planting is carried out given the different benefits to it holds.

Forests are vital to well being of all life on planet as they provide livelihoods to people, provide homes to immense amounts of biodiversity, regulate water, soil and carbon cycles. Forests also provide direct and indirect ecosystem services.

## Forest sustainability

Being vital to well being of all life on the planet, forests provide livelihood to people and are home to immense amounts biodiversity, regulate water, soil and carbon cycles, provide direct and indirect ecosystem services, provide wood, food and medicine.

Similarly, trees regulate important ecosystem services to provide planet with clean water, replenishing soil nutrients, prevents erosion and store carbon. Trees are cleared for building, paper products, fuel, agriculture livestock and growing cities.

Finally, as destruction of trees accounts for 10% of global carbon emissions, forest loss lead to accelerated climate change and extreme weather conditions.