Planting vegetables for beginners-farming in South Africa

The back of the vegetable seed pack has the description and pictures of the plant so the farmer knows what the vegetable will look like once matured. The sowing season for spinach (Swiss chard- Fordhook giant variety) is spring, summer, autumn, and winter which means it can be planted all year round. For the position, it can be planted either on trays or in direct soil, which should be in full sun or semi-shade, but never in full shade.

The packaging also tells you that the spinach will appear above the ground 10-14 days after planting, and will be ready for harvest in approximately 40-60 days. For onions (Texas Grano variety), the packaging indicates that they can only be planted in autumn and winter, and only in full sunlight.

Instructions for planting

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The packaging also tells you that the spinach will appear above the ground 10-14 days after planting, and will be ready for harvest in approximately 40-60 days. For onions (Texas Grano variety), the packaging indicates that they can only be planted in autumn and winter, and only in full sunlight – no shade or semi-shade. Onions are also only planted in direct soils in a hole 1cm in depth, and not in trays.