

»Okulunganya mu kulunda enkoko eri abo a'batandika«

Okulunda ebinyonyi kyatunzi kubanga ebivaavu biri kubw'etaavu bwamaanyi era buza mangu amagoba, wabula nga tonaba kuteeka sente mu kulunda binyonyi sooka osalewo ekika ky'ebinyonyi ky'oyagala.

Bulijo enkoko z'amagi zitandika okubiika ku sabiiti 18-19 okutusizadala ku sabiiti 72-78. Waliwo ebika bisatu ebikulu mukulunda enkoko era bino mulimu enkoko ez'amagi, ez'enyama, neezo ezirya obutaala. Okugatako, teeka munkola ebisanizo eby'enkizo eby'enyumba yenkoko nga ekifo ekigazi, ekitayitamu mazzi, eby'okwelinda ebinyweevu , ebisenge ebiweweavu, empewo mweyingirira obulungi, wansi awazimbiddwa ne semiinti era emese mwezitasobola kuyingira. Ky'amagezi okutandika n'ebinyonyi ebisaamu saamu era w'ebuuze kumusawo w'ebisolo.

Enzirukanya

Buli kiseera yongereza kumere y'enkoko ez'etakulira n'ekirungo era n'ezo ez'enyama oziwe emere erimu ekiriisa.

Nera kakasa embalilira enungi okusobola okuzuula ebikozesebwa ebitandikirwaako ne sente zeweetaaga nga tonatandika.

Mukw'ongerako, kuuma ennyumba y'ekoko nga eyingiza empewo ey'obulamu wamu n'okufumwa eyo embi , teekamu obukuta okuwa ebugumu, okuwa emirembe wamu n'okunywa amazzi agava mukalimbwe.

Genda mumaaso olime eby'ogerezebwa ku mere oba gula emere okuva kukituunzi waayo ey'esigika era eno eyina eyina okuterekwa okumala enaku 3 okukendeeza kumiwendo gy'emere. Kakasa nti olongoosa ebikozesebwa n'amazzi amayonjo era manya kumateeka agafuga ebituundu okusobola okumanya wa aw'okuteeka faamu.

Mubiseera ebigere fuuyira ekiyuumba kyenkoko, jamu kalimbwe era olongoose ekiyuumba.

Sikiza ezikuze n'obuto kulw'obulunzi obugenda mumaaso era leeta enkoko ennungi.

Ekisembayo, wewale omujuzo munkoko era zimba ekikomera kulw'ebyokwelinda ebinyweevu.

Endabirira y'obukoko

Teekateeka ekurizo ky'obukoko nga bukyaali, tegeka eddagala eritta obuwuka munkoko era obukoko buwe amazzi kubanga kirwanyisa okugwebwaamu kwa mazzi. Era teekakamu ekintu ekireeta ebugumu mu kulizo Era kakasa nti obukoko bukola duyiro.

Mukw'ongerako, enkoko ziwe emere erimu ekiriisa mubunzi obusaanide , era weriide ebintu ebiyiinza okuzirya .