

# Herbal Medicines Against Mastitis

Mastitis is an infection, that makes the udder hard and swollen and the cow does not want to be milked.

Long term usage of antibiotics is not good for the cow. It affects the milk and meat which is not good for the human consumption.

## Prevention

The best way to prevent mastitis is to keep the cow and the cow shed area clean from dirt and cow dung. Set up a milking area and rest area. So you can keep it clean more easily.

Washing your hands with clean water before and in between milking of different animals.

Cleaning the udder with clean water and wiping it dry with a clean cloth before and after milking

## Treatment

Test your cow's milk regularly and treat your cows as soon as she shows signs of mastitis.

Check the quality of the milk. Use a mastitis test kit.

In case of using a milk plug, use only one per tit.

Fully drain the udder during milking, otherwise some milk remains in the udder and teats, and germs can grow in that milk.

Massaging the udder with lukewarm water boiled with guava and neem leaves.

Rubbing the infected tits with a mixture of camphor and tumeric powder in butter or oil after milking.

In case the animal does not get better after continuous use of the medicinal leaves contact your veterinary doctor.