

»Growing Ginger in Pots for Beginners«

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Ginger is a flowering plant with a rootstock. Ginger is widely used as a spice which has great health benefits. India, China and all other countries in South Asia are the largest producers of ginger.

Warm climate conditions are the best to grow ginger. Ginger is a tropical plant which does not survive in frost. Ginger is propagated from a small section of a rhizome. A rhizome is the root or the underground stem of ginger. Ginger takes nearly ten months to mature and it is frost sensitive. If you are living in cold areas, it is best to grow ginger indoors and place the pot outdoors during the day .

Varieties

In pots, the nature of plants is differentiated using its flowers that possess unusual shapes. There are different species of ginger and have a great variety of floral arrangements.

The varieties also have different sizes of rhizome, shape of leaves but the common edible variety is the *Zingibar Officinali*. Ginger plants can be grown from cuttings where you select an organic and grow its cuttings since inorganic ginger is full of chemicals that prevent sprouting.

Time and pots

The best time for planting ginger in pots is late winter or early spring. Ginger thrives in highly fertile well drained soil. Feed the ginger plant with a high quality potting mix with organic matter.

The soil should have the ability to hold moisture and should have a free draining capacity so that the ginger roots dont become water logged. Ginger can be grown in large pots with a minimum of 15 inch wide with a variable depth and the pot should have a good draining system.

Requirements

Soak the ginger root in water overnight before planting. Fill the container with commercial potting mix with organic compost and place the ginger root in the soil with the eye bud pointing up.

Cover it up with 1 to 2 inch of soil. Water the plant with a water can and do it thoroughly till the soil gets completely moist to the bottom. Place the pot where it gets morning sunlight and complete shade during the day. Dont expose it to too much sunlight.