

# Growing cabbage successfully in Zimbabwe

Cabbage growing is one of the lucrative businesses. Here farmers learn about agronomic practices to consider during production.

Cabbage is a source of vitamin C and fibre which prevents constipation.

## Production steps

Fundamental production steps include choosing right variety and use of good agronomic practices.

When choosing variety, consider days taken to mature as it determines the harvesting period number of crop cycles in a year.

Consider also head size which is demanded in the market.

Crop uniformity must be considered as to mature at same time.

Farmers should also consider the crop field holding capacity as the one with long one is best.

The variety must be disease tolerant mostly to black rot.

Some of the varieties include cabbage fabiola, cabbage delight and cabbage cotton.