

# »Growing Cabbage Seed To Harvest- The Definitive Guide«

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As a vegetable consumed as the main sauce or as a supplement highly nutritious, cabbage production is done by using simple technologies.

Being a crop under brassica oleracea family, cabbage in tropical climate can be grown twice a year and is typically grown for its foliage. It is either directly seeded or planted from seedlings to the containers or the main open field.

### Crop management

First, start cabbage planting 6 weeks before last spring frosts it for spring planting and use seed pots or trays seedlings. Plant 1-3 seed per hole in centre at 1/2 an inch deep in quality pot mix and thin later after germination in 6 days at 75-80 degrees centigrade temperature to leave the single strongest seedlings per hole after a week.

Similarly, reduce temperatures to 15-21 degrees centigrade, give much light and plant outside after frost and in 6 weeks before first frost. As seedlings are ready in 6 weeks for transplanting, cabbage grows best in temperatures of 40-70 degrees fahrenheit and during planting, add compost to soil and plant at good spacing..

Prepare bed for planting by removing weeds, lay weed barrier on bed, put pot mix on it, level, plant seedlings and mulch. Cabbage is a 3 months crop which require regular watering and it is ready for harvesting when head is swollen and firm on the touch.

Furthermore, to collect cabbage head, cut stem on soil and peel off leaves and after, twist and pull for smaller heads and keep in a refrigerator. Water roots not foliage to prevent diseases and dont over fertilize.

Finally, pests include cabbage butterflies, flea beetles, cut worms and aphids.