

»Best vegetables, fruits and herbs for container gardening«

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With increasing world population, arable land is decreasing and urban gardens are on the rise where people are resorting to growing crops in containers.

When growing crops in containers, it is best that you grow those that grow best in containers. Tomatoes grow well in containers and when growing them in containers, choose a large enough container and water them well because tomatoes need plenty of water. It is a perfect idea to grow one tomato per container.

Other crops

Squash takes a lot of room in your garden but can grow well when grown in a container. Lettuce and other greens are good for containers. These have a short root system and often grow fast. These grow better in containers than they grow in the garden.

Egg plants also grow well in containers but choose small varieties. Peas grow well in containers but love to climb hence give them something to climb on when they grow in containers and look for dwarf varieties of peas to plant.

Sweet potatoes are also a great option for containers but they grow well in large containers. Carrots grow well in containers that are at least 12 inches deep. Plant them from seed about 3 inches apart.

Garlic and onions are excellent choices for containers and these make perfect companion plants.

Pepper grow well in containers because they prefer well drained soils and containers perfectly provide that. Potatoes like acidic soils and it is easier to provide that when grown in containers. Okra, Swiss chard and kale are good container

plants.

Cauliflower can be tricky to grow but grows well in containers. Cabbages, strawberries, citrus trees grown in containers helps limit their size and enables you grow more in limited space.

Almost all herbs grow well in containers.