

»10 easy to grow vegetables and herbs«

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Getting started as a gardener can be over whelming because there is a lot to learn but the best way to learn is by doing hence your knowledge and confidence will grow as grow with time.

There are three important things to remember before planting your garden. The first is your soil because your garden is as good as your soil. The second consideration is whether to plant seeds or transplants and knowing when to plant is also important because planting at the right time increases the chances of success.

Vegetables

Radish seeds sprout easily, grow quickly and become ready to harvest almost sooner than anything you can grow. Radishes grow best from seed and they grow best in cool weather.

Beans are also an easy to grow vegetable and does best when started right from the seed in the garden. Peas give a high harvest from a small piece of land because they typically grow vertically and they grow best when started from seed.

Peppers do best started from transplants and do best in warm conditions.

Herbs

Basil; this is a warm loving herb. Plant it in an area with plenty of sunshine and warm soils. If you have just started gardening, look for basil transplants.

Swiss chard grows very well in almost every garden. This can be planted from seed or from transplants.

Garlic chives and garlic are other simple to grow herbs. They are perennial and its best when started from transplants.

Squash and does best when grown from seed. Beets is also an easy to grow vegetable.